



SKOVENS BØRN

Welcome to the forest kindergarten!

Your child will soon be starting forest kindergarten with us! We would very much like to have a visit from you beforehand so that your child may see the new kindergarten and we can meet each other in person.

When you arrive on the first day, your child must wear clothes and shoes according to the weather conditions that day. They will need a good backpack with a large lunchbox, a refillable water bottle and a change of clothes (a set of both outerwear and innerwear packed in a plastic bag so it doesn't get wet).

Your child will get their own locker and drawer upon arrival and there is a place for a portrait picture to be posted on it.

We're looking forward to seeing you!

Skovens Børn - a day offer on two properties - with a clear, green profile.

A forest kindergarten where the children spend all or part of their time in nature. Here, at Skovens Børn, childcare needs are combined with health considerations and an educational intention to give children access to natural experiences and an environmentally aware upbringing.

At <https://skovensboern.aula.dk>, you can read more about us and find good advice for parents! You can also download our pedagogical curriculum, where you can obtain information on our natural pedagogy!

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The good start and our daily life at the kindergarten



The first few weeks at the forest kindergarten is where we get to know each other. In the forest kindergarten, each child gets to experience new things, make new friends, meet new adults and try out a different daily rhythm. There are many impressions all at once! That's why it might be a good idea to have your child spend a shorter amount of time at the kindergarten in the beginning.

For the first few days, we ask the parents to come along to the kindergarten to support the child in their transition to their new life. Simultaneously, you can also get an idea of what it means to attend the forest kindergarten!

The staff is always ready to lend a helping hand or give good advice. Parents who have been at Skovens Børn for a long time have experience with practical things that may be useful for new parents to know. That's why it might also be a good idea to ask them for tips and good advice.

The good lunchbox

We recommend 5 important ingredients for each lunchbox so that it meets the 8 dietary guidelines.

Remember that the lunchbox you choose must be easy for the child to handle. That's why a compartment lunch box can be beneficial. There are various types on the market.

1. Greens - veggie sticks, salad or toppings.
2. Bread - preferably rye bread or whole wheat bread. Ideally, make sandwiches that are easier to handle for the children without getting greasy fingers.
3. Toppings - meat, cheese or egg.
4. Fish - at least one type of seafood topping.
5. Fruit - fresh and sweet.



Packing list for the backpack

At the bottom: a plastic bag with a change of clothes

In the middle: rainwear

At the top: lunchbox

In the side compartment: water bottle



1 pair of underpants
1 pair of socks (winter: wool)
1 blouse (winter: long-sleeved)
1 pair of sweatpants (summer: shorts)
2 freezer bags (4 L) + 2 elastic bands to wear on the outside of the dry socks in case their shoes get wet

We help your child become self-reliant with their clothes. Remember to give your child clothes that are easy

to handle and that fit well. Please also remember to put a name on everything!

We recommend that parents ensure that the child's backpack is packed correctly every day so that it is easy for the children and staff to find the necessary things. It is a good idea that you empty the backpack every day, as the children collect things they find in the forest. It can be anything from rocks to earthworms!

When a child of the forest is handed in at the forest kindergarten, it is always good to be:

- well-rested
- full
- dressed according to the current day's weather conditions - remember that there is a link to the weather forecast on the weekly schedule
- sure that the backpack is in order
- up-to-date through Aula concerning the weekly schedule and that your child has been told about what will happen each day
- in good time and be handed in before 9:00. Your child can be picked up from 15:00 on the property, or at the potential destination of the day's field trip.
- wearing sunscreen when your child is handed in at the forest kindergarten. We have sunscreen in the cart and apply sunscreen to the children again at noon. Our sunscreen policy applies from 1 April.

Illness notifications and changes in who picks up the child must be registered on Aula – and, most importantly, through an SMS message to the children's group.

Here are our recommendations for your child's clothing

It is important to mention that, as a kindergarten, we do not recommend any particular brands or price ranges. Our recommendations are based on our experience of functionality and durability.

It must be easy for the children to learn to manage their clothes themselves!

<p>Knitted mittens and waterproof mittens for when it's cold.</p>	<p>Balaclava in winter. Keeps both the head and neck warm.</p>	<p>Backpack with a chest strap.</p>	
<p>Inner underwear made from Merino wool, for example.</p>		<p>Winter jacket with a detachable hood.</p>	
<p>Two-piece thermal sets in fleece, for example.</p>		<p>Overall pants with or without detachable suspenders.</p>	
<p>Shoes for dry weather in spring, summer and autumn. Sandals are a bad idea in the woods where there are nettles!</p>	<p>Unlined rubber boots in spring, summer and autumn.</p>	<p>Lined rubber boots when the temperature starts decreasing in autumn and winter.</p>	<p>Autumn/early spring waterproof boots and lined waterproof winter boots.</p>

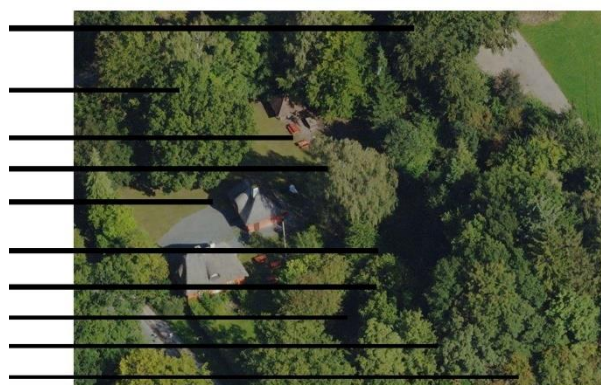
Pedagogical teaching environments

- Construction environment
- Outdoor playroom for immersion
- Indoor immersion room/room for mediating nature
- Campfire - Gathering place
- Bench for creative activities
- Area for physical activities
- Activity area - Spider web tree swing Sandbox
- Gathering place



Naturstationen

- Area of physical activity - wooden canoes
- Area of physical activity - football
- Activity area - Campfire - Pizza oven
- Gathering place
- Nature guide's house with a room specifically for teaching about nature
- Greenhouse - activity area - mediation of nature
- Area of physical activity - Playground ropeways
- Sandbox
- Campfire - Gathering place
- Area of physical activity - forest



Ordrup Hus



Bøllemosen

Strandmøllen

Eremitageslottet
Onkels Vandhul

Von Langens
Plantage
Ulvedalene

Fortunen
Fuglesangssø

Ordrup Hus
Ermelunden

Skovens Børns Natural Canon

Here, at Skovens Børn, we follow a natural canon, which means that you as parents agree to the following:

Your child will experience...

- Tree climbing
- Playing in head-high grass
- Puddle jumping
- Wet socks
- Biking in the Deer Park
- The smell of the forest floor
- Climbing up a place where you can't get down
- A tadpole turning into a frog
- Eating from nature
- Swinging from a rope
- Stag roars
- Rolling down a hill
- Building a cave
- Getting dirty and muddy
- Eating outside in snowy weather
- When the rain stops
- Building a dam
- Flying with a kite that you have built yourself



Your child will experience...

- The sounds of the forest and the sea
- The smell of rain
- Ice on puddles
- Life and death
- Incredible stories from nature
- All types of weather
- The beach, forest and meadow
- The feeling of holding a fish



Your child will learn...

- To use a knife and a saw
- To catch fish
- 5 trees, birds, mammals and insects in each category
- Learn where our food comes from
- Not to kick an anthill
- The role of animals around us
- How to light a fire with an adult, keeping it alive and treating it with respect
- About the food chain - from berries to foxes
- About the changing of the seasons
- How to make things from natural materials and being inventive
- To dress sensibly
- To keep nature clean



Your child will experience...

- Curiosity
- The feeling of community with others who share the same interests
- Feeling safe in nature
- Holding animals in their hands
- Our nature as an integral part of everyday life
- The joy of collecting
- How it is to transcend one's own boundaries
- Water, mud, sand and dry leaves
- The calmness of lying down and looking up at the sky
- The feeling of sitting in a tree and letting one's imagination run wild
- The sensation of being tired and wet

